Ultra-widefield fundus imaging using CLARUS improves ETDRS grading with classic 7-field fundus photographs

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PURPOSE

• To analyze and compare grading of diabetic retinopathy (DR) severity level using standard 30° Early Treatment Diabetic Retinopathy Study (ETDRS) 7-field photography and CLARUS 500 ultra-widefield (UWF) imaging system.

METHODS

- A cross-sectional analysis of retinal images from 63 patients having type 2 diabetes with varying degrees of DR was performed. A total of 123 eyes from these 63 patients were considered for analysis.
- Inclusion criteria involved eyes from patients between ages 18 to 90, across a range of ETDRS levels of 10-65, and with visual acuity of at least 20/40 or 20/200 for diabetic macular edema (DME) cases.
- Eyes with significant media opacity and previous photocoagulation treatment were excluded from the final dataset.
- All patients underwent 7-field color fundus photography (CFP) at 30° on a standard Topcon TRC-50DX[®] camera and UWF imaging at 135° on a CLARUS[™] 500 (ZEISS, Dublin, CA) by an automatic montage of two 90° images (nasal and temporal).
- 7-field photographs were graded by two graders, according to the ETDRS criteria.
- For CLARUS UWF images, a 7-field grid was applied using prototype CLARUS software, and the same ETDRS grading procedures were performed inside the grid area only.
- Grading of DR severity level was compared between these two methods to evaluate the agreement between both imaging techniques.

ETDRS severity grading from CLARUS showed agreement with 7-field photography and improved ability to detect IRMA

	CLARUS CFP									ETDRS severity level				% of
7-Field CFP	ETDRS Level	10-15	20	35	43	47	53	61	n	7-Field CFP		Clarus CFP	Ν	higher/lower severity with CLARUS
	10.15	0	4	0	0	0	0	0	7	10-15	\rightarrow	20	4	57%
	10-15	0	4	3	0	0	0	0		10-15	\rightarrow	35	3	43%
	20	0	2	5	Q	0	0	0		20		35	5	71%
	35	0	1	38	14	5	0	0	58	20		40		0.404
	43	0	0	6	16	8	1	0	31	35	\rightarrow	43	14	24%
	47	0	0	1	2	7	4	0	14	35	\rightarrow	47	5	9%
	53	0	0	0	0	0	5	0	5	43	\rightarrow	47	8	26%
	61	0	0	0	0	0	0	1	1	43	\rightarrow	53	1	3%
	n	0	7	53	32	20	10	1	123	47	\rightarrow	53	4	29%
	Eyes with <u>lower</u> severity level in CLARUS 500: <u>10 (8%)</u>										\rightarrow	20	1	2%
Eyes with <u>higher</u> severity level in CLARUS 500: <u>44 (36%)</u> Eves with same severity in CLARUS 500 as in 7-field CEP: 69 (56%)										43	\rightarrow	35	6	19%
Table	Table 1: (Left) Displays the distribution of subjects showing lower, higher or										\rightarrow	35	1	7%
same	ETDRS grac	ling in Cl	LARUS d with <i>i</i>	500 cor	npared	to 7-Fi FETDRS	eld CFP,	(Right)	displays	47	\rightarrow	43	2	14%



Figure 1: (a) Displays a CLARUS 500 UWF image which shows higher severity grading, (b) with a lower severity grading than 7-Field CFP due to possible artifacts caused by blurred zones, opacities, or poor dilation.

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- According to the CFP 30° images, 14 eyes were considered DR severity level 10-20, 58 eyes were eyes level 53 and 1 eye level 61.
- 500 UWF images in 56% of the cases.
- microvascular abnormalities (IRMA).
- Only 8% (n=10) of the cases showed a decrease in 2 images (blurred zones) and presence of cortical cataracts.



CONCLUSIONS

- levels in images with unambiguous structures.
- CLARUS images showed an improved ability to detect IRMA and to evaluate hemorrhage severity







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considered level 35, 31 eyes level 43, 14 eyes level 47, 5

• The same DR severity level was achieved with CLARUS

• However, 44 eyes (36%) showed a worse DR level with UWF images, mostly due to a better visualization of hemorrhages and a higher detection of intraretinal

severity level with CLARUS 500 system, mainly due to the presence of artifacts in the montage junctions of the

Figure 2: Comparison of 7-field CFP vs. CLARUS UWF CFP

• The UWF CLARUS 500 system showed a considerable agreement with standard 30° 7-field CFP in all ETDRS

demonstrating that one UWF montage image comprising of 2 widefield CLARUS images can be used to grade DR severity more accurately owing to efficient workflow with overall superior image quality and visualization.